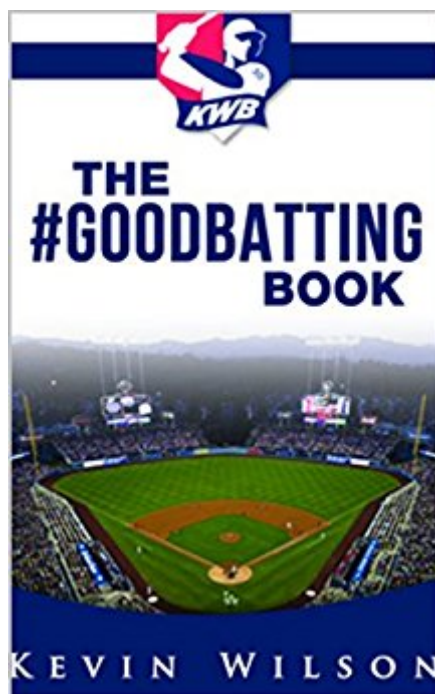


The book was found

The #GoodBatting Book



Synopsis

For more than a decade, Kevin Wilson has been one of the most respected hitting coaches in the game. He works behind the scenes as a private hitting consultant to some of the best hitters in Major League Baseball. Now, for the first time ever in print, he takes you inside the mental game of hitting, explaining things you wish you knew before you got into high school, college or professional baseball. The term #GoodBatting is a mindset. It's a feel. It's simple. It's based on your WHY. It's filled with purpose and intent. It's individual. It's genuine. It's a complete understanding of YOU. It's confidence. It's clarity. It's controlled. It's repeatable. It's natural. Kevin takes you all-access inside his world of #GoodBatting. It's not only a mindset, but it's a way of life. Visit KWBaseball.com and follow Kevin on Twitter @KWBaseball

Book Information

File Size: 223 KB

Print Length: 50 pages

Publication Date: June 3, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01GLZGM86

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #164,448 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Baseball #36 inÂ Books > Sports & Outdoors > Coaching > Baseball #43 inÂ Kindle Store > Kindle eBooks > Teen & Young Adult > Sports & Outdoors

Customer Reviews

My goodness! What an incredible read. This book is exactly what I wish I would have had as a 14 year old freshman baseball player in high school. There was a lot of information fed to me at that time -- all about where my foot went, how to hold my elbow, and what my head was supposed to be doing. What Kevin does -- in terms that even a hacker like me can understand -- is to talk about the approach to hitting. He talks about what goes through your head prior to and during an at-bat. Don't

expect a cheerleader or motivational coach and don't expect that he's going to tell you where to stand in the batter's box. You will not become a Kevin Wilson robot by reading this. What you will become is a better hitting you. I think that every coach ought to get this book for all incoming players. And, I'm telling you, the coach will not regret it. It will not conflict with what the coach teaches, but it lays a foundation to be built upon. Pull the trigger. Buy the book!

For the cost of two cups of coffee you can get your hands on a great read that can change a hitter's mindset forever. If you watch amateur baseball often, you find yourself asking, "Why aren't there more great hitters?" This book offers an answer. This book does not tell hitters and coaches where to put their right elbow during the swing. This book does not talk about the ideal launch angle at contact. This book does not mention exit velocity. Instead, Kevin offers a clear, repeatable, enlightening plan that hitters can put into action immediately. Perhaps what makes this book so valuable though, is that it delivers on both philosophy and action steps. In it you get the WHY and the HOW. Kevin has been giving away his expertise for free for over a decade; this is a can't miss investment for under ten dollars.

Like a compact swing, Kevin Wilson wastes no energy in achieving his purpose. More thought provoking than instructional, he presents ideas and perspectives which can be incorporated into a good batter's approach at any level.

Great book for all ages. This book does a great job of simplifying the complexities needed for players in professional baseball all the way down to today's youth. Kevin does a nice job of covering a lot of various areas of hitting while encouraging hitters to learn about the person that matters most, the individual hitter. The book does a great job covering controlling the hitting zone, trusting your approach, controlling the mental aspects, etc. We will use ideas to start building a base for our young son and I will use aspects in coaching the upper level hitters that I work with on a everyday basis.

The #Goodbatting Book is information I wish I had sooner. As a professional baseball player, we are always trying to figure out what separates great players from the rest of the pack. Kevin Wilson gives us just that. The book lays out his perspective on the baseball and quite frankly, challenges you to find your own greatness within the game. Highly recommend for players and coaches looking to take baseball, and life, to the next level.

This book is a MUST READ! KW has an innate ability of simplifying one of the most complex aspects in sports. His book allows you to sort the clutter that you constantly hear from external sources and creates clarity. As KW says, "hitting is simple; it's just not that easy."-Drew Saylor

If you don't have the mental game mentioned inside this book, the game will hunt you down and end your career before you know what hits you. Start kids off with the mental game and work on your approach at the plate to get ahead of the curve

[Download to continue reading...](#)

The #GoodBatting Book Kids Book: Count with Kenny:1-20 (Book for Kids)(Count 1-2-3)(Numbers Book-Picture Book,Counting-Social Skills)(Book for Early ... Reader)(Fun Number Book for child)(Math-Preschool-3)Learn how to Count Cast Iron Cookware Recipes 4 Books in 1 Book Set - Cooking with Cast Iron Skillets (Book 1) Cast iron Cookbook (Book 2) Cooking with Cast Iron (Book 3) Paleo Cast Iron Skillet Recipes (Book 4) Pokemon Coloring book: A great coloring book on the pokemon characters. Great starter book for young children aged 3+. An A4 80 page book for any avid fan of pokemon How To Write A Book That's Complete: How to write a nonfiction book outline that makes your book full and complete - Build complete nonfiction book outlines using a simple step-by-step system Gardening: 4 in 1 Masterclass: Book 1: Container Gardening + Book 2: Vertical Gardening + Book 3: Urban Homesteading + Book 4: Square foot Gardening A Guide Book of United States Coins 2015: The Official Red Book Spiral (Official Red Book: A Guide Book of United States Coins (Spiral)) The Four Ancient Books of Wales [Black Book of Carmarthen, Book of Haneirin, Book of Taliesin, Red Book of Hergest] Containing the Cymric Poems ... the Bards of the Sixth Century, by W.F. Skene Wicca Book of Shadows: A Wiccan's Book of Shadows! Your Personal Spell Book (Wicca, Wiccan, Book of Shadows) Revenge Romance: The Journey's Crossroad (Book Two) + Bonus Book (Historical Christian Suspense) (Historical Christian Suspense Revenge Romance: The Journey's Crossroad (Book 2) + Bonus Book!) Pokemon Children's Coloring Book Vol 1: In this A4 size Coloring Book, we have captured 75 catchable creatures from Pokemon Go for you to color. (Pok mon Children's Coloring Book) Pokemon Children's Coloring Book Volume 2: In this A4 size Coloring Book, we have captured 76 catchable creatures from Pokemon Go for you to color. (Pok mon Children's Coloring Book) Minecraft Labyrinth : Math Activity Book and Coloring Book For Kids : Unique Labyrinths, Geometric Labyrinths and Math Labyrinths: (Unofficial ... (Unique Activity Book) (Volume 2) #Love: #Love is Book #1 in the Adult Book Series Celebrating Love and Friendship (#Love, #Pretty, #Beautiful, #Beauty, #Me) (#Coloring

#Book Series of Adult Coloring Books) Clusterf*ck Coloring Book - MidF*ckingNight Edition: 52
Sweary Designs on Black Paper : Cats, Dogs and Owls Coloring Book : Swear Word Adult Coloring
Book "Fucking Twat": Swear Word Coloring Book & Animals (Black Edition). 40 Sweary Designs.
The Animal Adult Coloring Book with Sweary Words (Hilarious Sweary Coloring Book For Fun)
Sweary Coloring Book: Adult Coloring Book with Relaxing Swear Words (Swear Word Adult
Coloring Book) (Volume 1) The Swear Word Coloring Book: Cuss word coloring book for those who
love to swear...and color! If you are a fan of profanity and swearing coloring ... coloring book, you
will love this! (Volume 1) Spanish Swear Word (Nights Edition).Swear Word Coloring Book: 40
Spanish Sweary Designs (Relaxing Coloring Book with Sweary Coloring Book For Fun) Children's
book:"Thanks Lil Ren":Bedtime story, Book for kids, Beginner readers, values, Funny-Rhymes,read
along,series, Animal stories Mammal-Early ... learning, picture book-Preschool / toddlers

[Dmca](#)